BOYS LACROSSE TRYOUT INFORMATION

* Paperwork
	+ All paperwork needs to be complete to participate including:
		- Sudden Cardiac Arrest/Concussion/Heat Illness Certificates
		- School insurance
		- Other forms: EL2, EL3, GPA, DE9
		- All information can be found at this website <https://www.pcsb.org/Domain/12709>
* Equipment
	+ All players need a stick, gloves, cleats, athletic supporter, MOUTHPIECE and a reversible pinnie for tryouts.
		- School will provide helmets, shoulder pads, elbow pads (limited supply)
			* If you have your own equipment than it is one more roster spot, we can keep
			* White helmet; Black/Navy/White gloves; Black/Navy/White elbow pads
* Tryouts January 23-24
	+ Location: CSA The Centre (for the first 2 weeks)
	+ Time: 2:30-5:00
	+ Equipment is provided for those who need it & Returned at the end of tryouts.
	+ Day 1
		- Varsity will be in full equipment (no beginners) - limited contact
		- New players will learn the fundamentals separately – stick and gloves - no contact
	+ Day 2
		- New players full equipment 2:30-4:00
			* If qualified may be asked to stay for varsity practice
		- Varsity full equipment 3:30-5:00
* Regular Practices January 25 - February 3
	+ Location: CSA The Centre
	+ Time: 2:30-430
	+ Day 3 – 10
		- JV and Varsity practice
	+ Varsity
		- Games
			* https://www.maxpreps.com/fl/palm-harbor/palm-harbor-university-hurricanes/lacrosse/schedule/
	+ JV
		- Games
			* 4 Weekends
				+ 2 before Spring Break and 2 after (DATES TBD)